

EAST GREENWICH

CHURCH OF ENGLAND TEAM MINISTRY



Lent Activities
2024

Introduction

Pause for a moment and look outside. What do you see? What makes you smile?

Whatever you just described, think about this: what you saw was always there – it was just waiting for you to pause and notice it.

That's the basic purpose of Lent: **to create space in the middle of life's responsibilities to appreciate what's always been there: God's presence.**

"...you are worried and distracted by many things; there is need of only one thing, Mary has chosen the better part, which will not be taken away from her."

-Luke 10:41-42

Lent is a 40-day period of making space for God leading up to Easter Sunday, based on Jesus' 40 days in the wilderness and is an important tool that can help us to listen to God's voice

While Lent does traditionally include personal sacrifice, the goal of this time isn't to "better" your life, but to **centre** your life on what matters most: the One who made you and loves you endlessly.

In the parish over Lent 2024 we want to take this and examine what it means in the widest sense, with a vast and eclectic mix of activities to help us all encounter and notice God in new and familiar ways.

Together, let's make space for what matters.

All of these activities are available to everyone and, with the exception of the Christian Basics Course and the Book Study, there is no need to commit to one thing for the whole of Lent, if you want to try something different each week, or just dip into things as your schedule allows, then please do that!

Christian Basics Course



A COURSE FOR THE CHRISTIAN JOURNEY

Revd John Pout will be running a six-week Baptism/Confirmation course **every Sunday in Lent from 3-4:30pm at Christ Church, beginning on the 18th February**. If you have been thinking about being confirmed/ baptised or would just like to know more about the fundamentals of Christianity, you are more than welcome to attend!

Please drop Revd John an email if you would like to join.
(johnpout@icloud.com)

Netball

The final details are still being worked out, but this will happen on **Sunday afternoons during Lent**. We are currently finalising the location, and the timing will depend on the availability of the location. If you are interested in taking part (or just want to find out more and then decide) **please contact Vanessa Stewart on 07823 359565** and she will make sure the final details are communicated to everyone who is interested!

Encountering God through friendship, fun and fitness – using the bodies God created in the community he has placed us in to encounter him in a new way.

Creativity

One way to encounter God is through creativity – encountering the creator through exploring our God-given creativity. Whether this is something you love to do, or whether you tell yourself you don't have a creative bone in your body this is an opportunity to explore how we find God in this way.

Sewing and Crochet

Helen Frith will be leading some sewing and/or crochet sessions. On Mondays at her house (**15 Wyndcliff Road, SE7 7JY.**) She will run **two sessions each day, at 2pm and 7pm.** There will be an opportunity to make specific sewing items, or learn (or improve) to crochet. Please let Helen know if you are coming. (**07764617025**)

19th February

26th February

11th March

18th March



Art

Emma Lewington and Rachel Rolston will be running art sessions with tea and cake on **Saturday 16th and Saturday 23rd March from 11am - 12.30pm at St George's.** We really want these sessions to be about expressing yourself creatively in any and all ways so there'll be opportunities for painting, sketching, colouring and collaging. We will be providing supplies and so would welcome any donations towards this. If you would like to bring your own supplies, then please feel free!

If you know you are definitely coming please let us know on **07765664197** but you are also more than welcome to drop in on the day!

Flower Arranging

Janet Clipsham will be leading some **Saturday sessions from 11am-12:30pm at St George's** to help us discover God through the beauty of creation.

9th March: Hand tied flowers in a jam jar to give out on Mothering Sunday

16th March: Posy Arrangement

23rd March: Wreath for table or similar

30th March: Easter Display, as well as arrangement for cross

We will be asking for a voluntary donation of £10 per session to cover the cost of buying flowers and equipment. If you are unable to make a donation then please still come along! If you have a garden and access to any greenery then feel free to bring it along.

Please let Janet know if you are coming so she can make sure she has enough flowers etc! **(07958653456)**

Gardening

Jo Lewins will be working on the St George's garden **during the Tuesday Community Café times (10am to 12 noon)**.

Cherry Mehmet will be working in the Christ Church garden on **Tuesdays from 10am**.

Both would love people to come along and join in to discover the creator through tending his creation.

Singing

Coming closer to God through music and song.

Every Sunday at 4.00pm during Lent (except 3rd March), join Julie Mason at St. George's as we sing our favourite hymns and worship songs and listen to our favourite music and talk about why they are so special to us.

Pilgrimage

Led by Revd Barbara Moss

Sunday 18th Feb: Introduction at St George's

Grab a coffee after the service, and gather for a brief intro to the course, with a chance to ask questions

Sunday 25th Feb: Prayer Walk around the Neighbourhood,

with time to enjoy the gardens of Mycanae house and the adjacent woodland. Meet outside St George's at 14.30 and we should be back by 16.00

Friday 1st March: Lent Pilgrimage for Climate: Deptford and Charlton Deaneries

Join in a journey of prayer, repentance and vision for justice in our response to the climate and ecological crisis, one of six walks in different parts of the diocese, with the Bishop of Kingston. I am leading the afternoon walk.

Participants need to sign up online at bit.ly/3ROkDPy (or Google "southwark climate pilgrimage" if you prefer) and can choose to walk morning (3.6 miles), afternoon (3.1 miles) or both, or just join for lunch at St Alfege. Full details of times and meeting places are on the web site.

If there is sufficient demand (at least 4 people), I can offer a simpler version of the afternoon walk on the following day for those unable to come on the Friday.

There is a similar walk on **Friday 8th March** in Tooting and North Lambeth Deaneries.

Sunday 17th March: Touching the Pilgrims' Way

14:02 train from Westcombe Park (check the timetable; other stops available) to Abbey Wood for a prayer walk among the ruins of Lesnes Abbey, founded as an act of repentance for the murder of Thomas Becket. Kiosk and toilets available on site.

Saturday 23rd March: Pilgrimage on the Way of the Cross

A short service at St George's with meditations written by church and community leaders in Jerusalem as they followed the Via Dolorosa from the site of Pilate's palace to the Church of the Holy Sepulchre. 14:30-15:00

Saturday 30th March: Pilgrimage on the Road to Emmaus

We meditate on bible readings from Luke 24:13-35, walking partly in silence, partly in conversation. Meet at the Greenwich entrance to the foot tunnel at 14:30, finish at Canning Town DLR about 16:00.

Longer Pilgrimage Walks

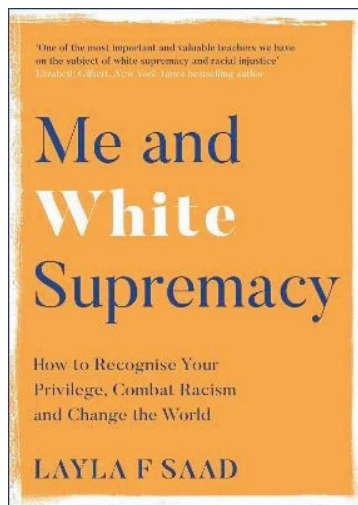
For those who would like to try a longer pilgrimage walk, 9-10 miles with a lunch stop, Friends of Southwark Cathedral meet on the third Saturday of most months. In February, March and April I am leading a series of three walks, from Southwark Cathedral to Waltham Abbey, via Canning Town and Tottenham Hale.

Participants are asked to register on Eventbrite

(<https://www.eventbrite.co.uk/o/the-friends-of-southwark-cathedral>) and there is a charge of £8.50 per walk.

Book Studies

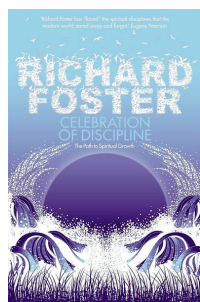
Me and White Supremacy



Rev Laura Faturoti will be re-reading **Me and White Supremacy, by Layla F Saad**. It's a challenging book on "how to recognise your privilege, combat racism and change the world". If you'd like to read along and have a space to talk about it as you go, and support and challenge each other then **please contact Laura on 07877 387194** and when we know who's interested we can agree a how we want to do this. (meet in person/meet on zoom/have a whatsapp group?)

Celebration of Discipline

At Holy Trinity we're spending the seven Wednesdays of Lent thinking about spiritual practices, borrowing quite heavily from the great (but badly-titled) book 'Celebration of Discipline'. **Meeting at Jane's flat (near the ecology park; next to the bus stop), 7.30pm-9pm for discussion (and prayer)**. Please get in touch with her on **07488 599786** (WhatsApp/text/call) for more details, or via email: **jane@holyltrinitygreenwichpeninsula.org.uk**. You're welcome to drop in if you can't make them all: all in the Parish are very welcome.



- 14th Feb - Confession**
- 21st Feb - Celebration**
- 28th Feb - Fasting**
- 6th March - Meditation**
- 13th March - Simplicity**
- 20th March - Worship**
- 27th March - Submission**